

BE SALUKI SAFE

Protect yourself and our SIU community



Proper handwashing can help stop the spread of respiratory and other viruses like the coronavirus!

- ☞ Thoroughly wet hands with **soap and water**.
- ☞ **Scrub your hands for 20 seconds**. That's about how long it takes to sing "Happy Birthday to You" twice.
- ☞ **Be thorough!** Get under those fingernails and between fingers.
- ☞ **Rinse** under running water.
- ☞ **Dry hands on a paper towel**. Turn off the tap with the towel and **throw it away**.
- ☞ You may want to **use a paper towel to open the door** if you are in a public bathroom. Again, **throw the towel away** after you have used it.

For the latest updates on SIU policies: shc.siu.edu/coronavirus