BE SALUKI SAFE
Protec yourself and our SIU community

Proper handwashing can help stop the spread of respiratory and other viruses like the coronavirus!

🔍 Thoroughly wet hands with soap and water.

🔍 Scrub your hands for 20 seconds. That’s about how long it takes to sing “Happy Birthday to You” twice.

🔍 Be thorough! Get under those fingernails and between fingers.

🔍 Rinse under running water.

🔍 Dry hands on a paper towel. Turn off the tap with the towel and throw it away.

🔍 You may want to use a paper towel to open the door if you are in a public bathroom. Again, throw the towel away after you have used it.

For the latest updates on SIU policies: shc.siu.edu/coronavirus